

MONDAY

Studio 1

5:30pm - 6:00pm | Intermediate 2 & 3 Contemporary
6:00pm - 6:30pm | Intermediate 2 & 3 Pointe
6:30pm - 7:00pm | Intermediate 2 & 3 Ballet
7:00pm - 7:30pm | Intermediate 1 Contemporary
7:30pm - 8:00pm | Intermediate 1 Jazz
8:00pm - 8:30pm | Intermediate Hip Hop
8:30pm - 9:00pm | Intermediate 2 & 3 Jazz

Studio 2

5:00pm - 5:30pm | Intermediate 1 CSTD Tap Exam
5:30pm - 6:00pm | Intermediate 1 Tap
6:00pm - 6:30pm | Intermediate 1 Ballet
6:30pm - 7:00pm | Intermediate 1 Technique: TKJ
7:00pm - 7:30pm | Intermediate 2 & 3 Technique: TKJ
7:30pm - 8:00pm | Intermediate 2 & 3 Tap
8:00pm - 8:30pm | Adult Tap

TUESDAY

Studio 1

5:00pm - 5:30pm | Senior CSTD Jazz Exam
5:30pm - 6:00pm | Senior Hip Hop
6:00pm - 6:30pm | Senior Jazz
6:30pm - 7:00pm | Senior Ballet
7:00pm - 7:30pm | Senior Pointe
7:30pm - 8:00pm | Senior Technique: TKJ

8:30pm - 9:00pm | Senior Contemporary

Studio 2

8:00pm - 8:30pm | Senior Tap

WEDNESDAY

Studio 1

4:30pm - 5:00pm | RAD Grade 1 Ballet Exam
5:00pm - 6:00pm | RAD Grade 4 Ballet Exam
6:00pm - 6:30pm | Acro Group 1
6:30pm - 7:00pm | Acro Troupe (1 & 2 combined)
7:00pm - 7:30pm | Acro Group 2
7:30pm - 8:00pm | Advanced Tumbling

Studio 2

6:00pm - 7:00pm | RAD Ballet Repertoire
7:00pm - 8:00pm | RAD Grade 6 Ballet Exam

THURSDAY & FRIDAY

Studio 1

5:00pm - 8:30pm | Private tuition

Studio 2

5:00pm - 8:30pm | Private tuition

SATURDAY

Studio 1

9:00am - 9:30am | Junior 1 Ballet
9:30am - 10:00am | Junior 1 Jazz
10:15am - 10:45am | Junior 2 & 3 Contemporary
10:45am - 11:15am | Junior Acro Group 1
11:30am - 12:00pm | Junior 2 Technique: TKJ
12:00pm - 12:30pm | Junior 2 Ballet
12:45pm - 1:15pm | Junior 2 Jazz
1:15pm - 1:45pm | Junior 3 Jazz
2:00pm - 2:30pm | Junior 2 & 3 Hip Hop
2:30pm - 3:00pm | Junior Acro Group 2

Studio 2

9:00am - 9:30am | Kinder Groove
9:30am - 10:00am | Kinder Tap
10:15am - 10:45am | Junior 1 Tap

11:30am - 12:00pm | Junior 3 Ballet
12:00pm - 12:30pm | Junior 3 Technique: TKJ
12:45pm - 1:15pm | Junior 3 Tap
1:15pm - 1:45pm | Junior 2 Tap
1:45pm - 3:15pm | Senior CSTD Tap Exam

CHANGEOVER PERIOD

Scheduled between Junior and Kinder classes, allowing young students time to prepare for the next class, this time should be used to:

- Have a drink of water, and maybe a quick snack
- Go to the toilet!
- Change shoes and other required dance attire
- Go into the studio for your next class and have your named marked off the class roll
- Practise what you learnt last week, or go over it with other students if you were away
- Ask your teacher questions (students and parents)
- Be ready to start class officially no later than the scheduled start time

AGE/CLASS GROUP GUIDE

Kinder: 3 - 5 years | Junior 1: 6 - 7 years | Junior 2: 8 - 9 years | Junior 3: 10 - 11 years

Intermediate 1: 12 - 13 years | Intermediate 2: 13 - 14 years | Intermediate 3: 14 - 17 years

Senior 1: 16 - 18 years | Senior 2: 18+ years (*Senior classes combined in 2019*)

PLEASE NOTE: All ages are listed as a guide only. Placement of students in class groups is also based on dance experience, skill level, confidence, and is ultimately at the discretion of teachers.

For more information about the best classes to suit your child, or to arrange to come and try some classes, please contact the studio on 0411 250 440 or email cbdsadmin@adam.com.au

30 minute classes...?

CBDS schedules shorter classes to allow students to join more classes in a range of different styles without having to spend significantly more time at the studio. It is our belief that exposure to a greater variety of dance styles is an important and effective method of improving a student's overall dance ability. Each of the styles on offer at CBDS develops unique but complementary skills.

For example, where two hours of class time previously would have only allowed a student to practise two styles (i.e. jazz and tap), two hours of class time now allows a student to experience four different styles (i.e. jazz, tap, ballet and contemporary).

An additional benefit for families is that students can now enrol in lessons for more dance styles without a significant increase in cost, as fees are calculated by lesson time per week (see 'Fees' section on the Members page for more information).

CBDS is continually aiming to provide value for money for our customers while also providing a dynamic dance experience for our community. We welcome constructive feedback as we continually search for new and improved ways of providing quality dance education to our students.